

Risk Assessment

Company name: RL Dance Studios

Assessment carried out by: Risa Larmand

Date assessment was carried out: 20/05/2026

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?
Accessibility	Persons with Disability unable to access amenities	The theatre has wheelchair accessible access from both the top of the theatre and the bottom entrance. Doors to children's dressing rooms are separate so any audience needing to use these doors will not need to meet any young persons. Disabled toilets are also available.	Ensure access to the disabled toilets is clear	Tor Bridge and Risa Larmand	Day of event

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Tripping Hazards	Dancers, Staff, Audience Members	If any trip hazards are present, ensure they are moved before other staff and audience members arrive. If cables are needed for sound or lighting, ensure they are taped to the ground with bright electrical tape to avoid being missed.	None	Risa Larmand and RL Dance Studios (RLDS) staff/volunteers. Tor Bridge High if there are cables/loose objects about.	Day of event.
Entering/Exiting Stage	Dancers, Teachers by possibly tripping	Ensure dancers are aware of where the entrances/exits on the stage are. Ensure all dancers are on the stage prior to starting the music. Make sure backstage area is free of any tripping hazards.	Remind dancers on the day and ensure teachers are watching out at all times.	Risa Larmand and RLDS Staff/volunteers.	In rehearsals and during the show.
Onstage- tripping.	Dancers and RLDS teachers. Through the	Lots of practice of performances to ensure dancers are comfortable with their routines. Making sure routines are at an appropriate	None	Risa Larmand and RLDS staff/volunteers	During rehearsals.

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	movement performed	difficulty level so dancers are at less of a risk of falling.			
Music Volume	Dancers, RLDS Staff, Tor Bridge Staff, Audience Members- volume to loud and damaging to ears especially to younger and older members	Test volume of all songs before the show starts to ensure it is at an acceptable level. Have another member of staff check as well.	None	Risa Larmand and RLDS Staff/volunteers	Before the show.
Injury/Illness	Dancers, RLDS teachers. Falling, tripping, pulling a muscle, sickness etc.	Bring first aid kit to venue in case of emergency. Ensure there is a document with all students' emergency contacts on both RLDS laptop and mobile phones for quick use. A copy of emergency contact information will be available in each dressing	None	Risa Larmand and RLDS staff/volunteers	In rehearsals, before show and during show.

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		room. Cell phone to call emergency services. First aid trained staff on site (Risa Larmand). To reduce injury, ensure dances are at an appropriate level for dancers ability and adequate rehearsal time has been provided. Warm up to be given to dancers before they perform.			
Safeguarding-Supervision	Dancers, other vulnerable people and ensuring they are safe and accounted for.	Ensure DBS checked staff and volunteers are present for the entire event. A ratio of at least 1:12 children will be present at all times. All volunteers will be given a briefing on Safeguarding and will be given the RLDS Safeguarding policy for review. Children will be signed in and out of the venue to ensure they are leaving with an	None	Risa Larmand and RLDS Staff/volunteers	Before, during the show and after the show

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		appropriate adult and we are aware of who is taking each child. A full walkthrough of the venue to be done after to ensure all students have safely left the building.			
Safeguarding- Changing Costumes	Dancers- in a vulnerable position	All students will be wearing an under layer of clothing so that they are covered while changing. We will also provide a sectioned off area for changing in each dressing room. Any dancers who have a costume change are to be accompanied by a DBS chaperone to ensure they are safe and helped throughout the process. Enough time will be left between performances that dancers do not have to rush to change their outfits.	Ensure parents know of this prior to the show.	Risa Larmand, RLDS Staff/volunteers	In the lead up to the show and during the show.

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		If a parent wishes to change their child themselves, they will also be accompanied/monitored by a DBS chaperone to ensure the safety of all dancers.			
Safeguarding-Photos/Videos	Dancers- parents may not want their photos taken or have specific requirements on where these photos may be shared.	To ensure all dancers are safeguarded from photos and videos during the show, we will be asking for parents to refrain from taking any photos/videos. This will be communicated before the show with additional signs up throughout the auditorium as a reminder. Risa Larmand will also remind audience members before the beginning of the show. If any audience members are caught taking photographs/filming they will be asked to delete it from their device and recently deleted folders.	Remind parents of this policy in an email before the show.	Risa Larmand, RLDS staff/volunteers, Photographer (RLDS Staff)	In the lead up to the show, before the show, during the show.

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		Only the DBS checked photographer will be allowed to take photos of the event. All parents have expressed their consent on photos. The photographer will be aware of any dancers who have not consented and ensure there are no photographs taken of those children.			
Stairs	RLDS Staff/volunteers, dancers, audience members	Ensure stairs are free of any trip hazards. Encourage dancers to hold onto the hand rails whenever being supervised by RLDS Staff/volunteers.	Done	Risa Larmand, RLDS Staff/volunteers, Tor Bridge High Staff (ensuring hazards are removed)	Before and during the show

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Costumes	Dancers- trips and slips on costumes	All RLDS staff members are to pick safe costumes for dancers to perform in. All costumes should fit the dancers properly to avoid any trips/falls.	None	Risa Larmand, RLDS Staff	Throughout costume ordering process.
Electrical Safety	RLDS Staff/volunteers, dancers, audience members- electrocution	No electrical products (to be plugged in) to be brought to the show. If something does need to be at the show then the item must be safe to use/new to avoid electrocution/injuries. Tor Bridge High to ensure electrical safety of sound and lighting systems prior to the performance.	Inform parents of no electrical products.	Risa Larmand, RLDS Staff/volunteers, Tor Bridge High Staff	Before the show
Fire	RLDS Staff/volunteers, dancers,	Fire extinguishers are present throughout the building. Tor Bridge High to ensure these are in date and up to standard.	None	Risa Larmand, RLDS Staff/volunteers,	Before the show, during the show (if

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	audience members	Inform audience members of the emergency exits before the show. Ensure all RLDS Staff/volunteers are aware of the emergency exits and fire evacuation plan. Risa Larmand to have all emergency contact information available on her person and a mobile phone for emergencies.		Tor Bridge High Staff	fire does occur)

More information on managing risk: www.hse.gov.uk/simple-health-safety/risk/